



# Christopherus Haus

## Adresse

Christopherus Haus, Wohn- und Lebensgemeinschaft  
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## Description of the project

The living and life community Witten in the Christopherus-Haus e.V. is an institution for adult people with a mental disability. The house is an anthroposophical institution and is run in the spirit of Waldorf education. We call our residents "in need of soul care". This is a word from anthroposophical curative education and means that our residents need special care in the spiritual area. For this reason, we design a rhythm of life in the daily, weekly and annual schedule on an anthroposophical basis. A major concern is to live close to nature (biodynamic agriculture, vegetarian diet, natural building materials, Christian-oriented way of life). Great importance is attached to artistic and musical activities.

## Work areas and tasks of the volunteers incl. possibilities to bring in own ideas and interests

You will accompany the daily life of the residents. Your tasks result from the group life and your own possibilities in dealing with the residents.

You will help with household chores (washing up, cleaning, laundry, preparing meals). You will help with care (e.g. personal hygiene, dressing). You also spend free time with the residents (singing, knitting, handicrafts, going for walks).

You help shape the various annual festivals and cultural activities celebrated in anthroposophical institutions.

## Special requirements

You enjoy experiencing diversity!

## Accommodation and infrastructure details

You will have a furnished room within a residential group or in a shared apartment for volunteers. Meals are provided by the facility.

Residential address: Im Wullen 18, D-58453 Witten, Germany

Christopherus Hof is a beautiful house located in a scenic area. The house is located on the outskirts of the city and can be reached by bus/suburban train.

## How to get there

If you come by plane, you will arrive at Düsseldorf. There you will be met by your mentor.

If you arrive in Frankfurt airport or in Berlin Airport you have to take a train to Dortmund, where you will be met by your mentor.

