



Seniorenzentrum Blickpunkt Meschede

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Description of the project

The „Seniorenzentrum Blickpunkt“ is a retirement home for blind, visually impaired and sighted people.

Work areas and tasks of the volunteers

You work in a residential area and care for the residents. After extensive training, you will always do this together with other colleagues and always with guidance. Your activities are for example:

- Nursing: help with daily personal hygiene and dressing. Help and support with the intake of food and liquids or with the preparation of meals. If interested, you may also provide further assistance in care and look at everything.
- Care: Everything that is important for the health of the residents* in addition to care. This includes, above all, the promotion of mobility through, for example, additional walking or driving, preferably in the fresh air. You may also be asked to accompany the resident to the doctor or other appointments, or to run errands in the city. Reading aloud or playing games may also fall within your scope.
- Communication support, language support: You learn the language better through constant communication with the residents and colleagues and also have insight into the common documentation tools in this area.

In addition, you can actively participate in meetings. There are always professionals on site to guide, ask questions and help. There are also in-house training courses on various topics in nursing and care that you can attend.

Special requirements

Volunteers should be prepared to work independently under supervision after training.

Accommodation and infrastructure details

Furnished room in a shared apartment with another volunteer. If necessary also a single room. The apartment is about 20 minutes walk from the workplace. It is possible to participate in the communal meals for a small contribution to the costs.

How to get there:

If you come by plane you should arrive in airport Düsseldorf or Frankfurt. You have to go alone from the airport to the trainstation Dortmund (which is quite easy). From there you will met by somebody who will accompanying you to the place where you live.

